



Kaleidoscope Dance

STEP 3 Workshop & Social

3rd Saturday 7:15 - 9:15 pm



These are our monthly ballroom workshops and social. They are for those that have a mastery of the timing and basic steps for the style and are ready to learn a sequence of 8-10 steps to use out on the dance floor.

Each workshop covers 1 style. Styles taught include swing, nightclub, rumba, hustle, and foxtrot. Check the calendar for what style is being taught. The workshop is followed by an hour of social dancing. Light refreshments are served. The size of the workshop is limited to ensure plenty of dance space for everyone. Advance registration is required!

The workshop starts with a short review of the basics. Then the steps included in the sequence are reviewed/taught. The steps are combined one at a time to create a short versatile sequence that can be used whenever needed. Most of the steps included in the sequence are taught in the STEP 1 and 2 classes for the style, but new steps are included as well.

\$30 per couple

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Kaleidoscope
Dance

Social Ballroom



For Beginners and Social Dancers

STEP 1 – Introductory

STEP 2 – Foundations

STEP 3 – Workshop & Social



Three levels of ballroom dance instruction for the beginner or social dancer.

- Non-intimidating atmosphere
- All steps are taught from the beginning - no prior knowledge of the dance is necessary
- Steps are taught by name to facilitate recall
- Couples learn how to “dance with each other”
 - Modifications provided, when needed
- Lead-follow communication is taught
- Ample practice time is provided
- Each week stands on its own
- Classes may be repeated as often as needed

Taught by Trudy & Kevin Sherman



Kaleidoscope Dance

STEP 1 - Introductory

Tuesday 2:30 - 3:25 pm



These are our “introductory” classes that do not require a partner. Timing and basic steps for 1 style of dance is taught. These classes are great for those just getting started in ballroom as well as those who would like to practice the basics of a style on their own.

Each class covers a single style. The same style is taught for 2 consecutive weeks. Content taught the first week is reviewed and added to the second week. To maximize learning and increase retention of what is learned, it is recommended to attend both weeks.

The first week of class teaches the history, timing, and basic step for the dance style. In addition, one or two other steps are taught. Plenty of practice time is included. The second week starts with a short review of the timing and basic step followed by instruction for a few additional steps different from the first week.

STEP 1 & STEP 2

\$14 drop-in per class

\$48 for a 4-punch card, good for 60 days

Card can be used for both classes



Kaleidoscope Dance

STEP 2 - Foundations

Wednesday 7:15 - 8:10 pm



These are our “foundation” classes where timing and a variety of basic steps for a style are taught/reviewed. These classes are great for those just getting started in ballroom as well as those who have a ballroom background but would like a refresher.

Each class covers a single style. The same style is taught for 4 consecutive weeks. Examples include swing, nightclub, waltz, rumba, and tango. Each of the weeks stands on its own. So, even though it is highly recommended, it is not necessary to attend all 4 weeks.

The first week of each series teaches the history, timing, and basic step for the dance style. Frame, posture, connection, and the basics of lead/follow are introduced/reviewed. A few starter steps are also taught. Each week after that starts with a short review of the timing and basic step followed by instruction for several additional steps different from the previous weeks. Some steps will be more advanced.

No dance
experience
required