



**A great way for kids to learn
the foundations of dance
while having fun!**

**Parents can watch class on a
monitor in the waiting area**

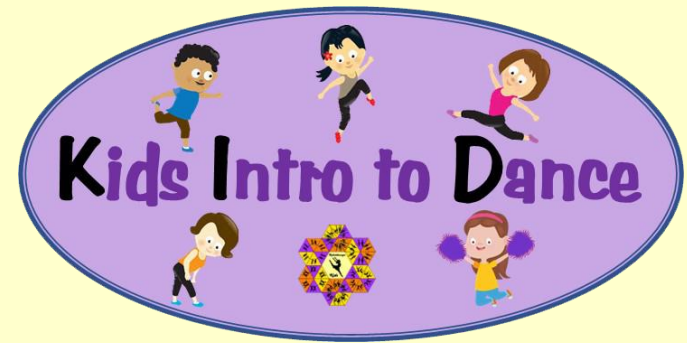
Taught by Trudy Sherman, Ph D

Trudy has been dancing since she was 6. Growing up she took many years of lessons in ballet, jazz, acrobatics, and tap. During college she enjoyed square dancing and folk dancing. Trudy and her husband own Kaleidoscope Dance Space. They teach ballroom classes for beginners and social dancers. Trudy also teaches Line Dance and Gentle Tai Chi.

www.kaleidoscope-dance.com

info@kaleidoscope-dance.com 602-345-0496

2848 S. Carriage Lane, Mesa, AZ 85202 (Guadalupe and the 101)



In this class your child will:

- Learn foundational dance moves
- Learn basic dance vocabulary
- Strengthen feet and leg muscles
- Improve balance and flexibility
- Develop body awareness & good posture
- Develop timing skills
- Become more confident in their abilities
- Have fun!



**Ages 4 – 10
Boys and Girls
No dance
experience needed**



**Kaleidoscope
Dance**



Kaleidoscope
Dance



Drop-in: \$17 per class
Punch card: \$60 for 4 classes
5% discount on Drop-In for siblings



Kaleidoscope
Dance

This class
provides a good
foundation for
all dance styles



Multiple Dance Elements

Across the Floor

Walks & points, turns, leaps

Ballet Barre Work

Arm and foot positions, body control

Choreographed Sequences

Common dance steps, memorization

Beginning Hip Hop/Jazz

Flexibility & expression

Lyrical Dance

Dancing to words, expression

Pom Dance

Timing & balance

Warm-Up Stretches

and more . . .

- No contracts required
 - Pay by class or buy a punch card (good for 60 days)
- Small class size (<10)
- Multi-age and multi-ability classes
 - Instruction tailored to match each child's level and ability
 - Older/more experienced dancers are role models and mentors for the younger/less experienced dancers
- In-studio recitals for family and friends twice a year
 - No charge - Donations accepted
 - Costume cost is \$30 - \$50