



Step Sheet



All Shook Up

Counts:	48	Music:	All Shook Up – Elvis Presley		
Tempo:	150 bpm	Length:	1:57 min	Intro:	16 counts
Choreographer:	Trudy Sherman		Based On:	All Shook Up	
# of Steps:	6	Steps:	Grapevine, Heel Taps, Leg Twist, Scoot, Step Tap, Twist		

Count in Sequence	Counts for Row	Description of Moves
		<u>HEEL TAP R-L W/ TWIST x2</u>
1-2	4	R heel tap forward, together, L heel tap forward, together
5-8	4	Heels together, lift heels to twist feet and knees (R-L-R-L)
9-16	8	Repeat 1-8
		<u>GRAPEVINE W/ LEG TWIST, R-L</u>
17-20	4	R step side, L step behind R, R step side, L tap together
21-24	4	L knee lift slightly and twist foot in air (or lightly on toe) (In-Out-In)
25-28	4	L step side, R step behind L, L step side, R tap together
29-32	4	R knee lift slightly and twist foot in air (or lightly on toe) (In-Out-In)
		<u>SCOOT, FWD, R-L</u>
33-36	4	R step forward, L step together (behind R), R step forward, hold (clap)
37-40	4	L step forward, R step together (behind L), L step forward, hold (clap)
		<u>STEP TAP (Clap), BACK, R-L x2</u>
41-44	4	R step back, L tap together (clap), L step back, R tap together (clap)
45-48	4	Repeat 41-44
REPEAT		

MODIFICATIONS

Leg Twist Leave toe on the ground